

Downsizing Checklist

A practical checklist to help you simplify your move and confidently transition to your next home.

Welcome

Downsizing is about more than moving to a smaller space—it's about deciding what matters most. Use this checklist to stay organized and reduce stress as you prepare for your next chapter.

— Dave Parker, Dave Parker Realty

Create a Plan

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| ☐ Establish your moving timeline |
| ☐ Measure your new home's rooms |
| ☐ Decide what furniture will fit |
| ☐ Set downsizing goals |
| ☐ Create a room-by-room plan |

Sort Your Belongings

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| ☐ Keep only items you use and love |
| ☐ Donate usable items |
| ☐ Sell valuable items you no longer need |
| ☐ Recycle or discard unwanted items |
| ☐ Shred sensitive documents |

Prepare Your Home

☐ Organize closets and storage areas
☐ Pack seasonal items first
☐ Label every box clearly
☐ Set aside important documents
☐ Pack an essentials box

Moving Week

☐ Confirm movers or truck reservation
☐ Transfer utilities
☐ Notify family and friends of your new address
☐ Arrange care for pets if needed
☐ Do a final walkthrough

Settling In

☐ Unpack essential rooms first
☐ Arrange furniture
☐ Update your address with banks and subscriptions
☐ Meet your new neighbors
☐ Celebrate your fresh start

Dave's Pro Tip

When you're unsure whether to keep something, ask yourself: 'Would I buy this again today?' If the answer is no, it may be time to let it go.

Dave Parker Realty

Guiding You Home with Experience and Care